

HCH Breaks Ground

Foothills staff, Board members, volunteers and mobile health care patients gathered on Friday, October 29th in Clay City to break ground on the future site of the Healthcare for the Homeless (HCH) permanent site. Several State and local officials helped Foothills mark this special occasion. Foothills has provided healthcare services through a mobile health care clinic that travels between Estill and Powell counties for five years. Funded by HRSA, the program takes medical care out of the traditional hospital-based setting and brings it to a population in need of health care. Services include exams, immunizations, medication assistance, referrals, mental health services, and outreach and support services. Persons or families must be homeless (living on streets, in cars, staying with friends or other family members or living in substandard housing) and participate in the case management program to be eligible for services. In 2011 Foothills will offer these same services in a larger, brand new permanent building that will be built on the corner of Ninth Street and Eleventh Avenue. HCH will expand from two exam rooms to four. Private space will be available for mental health patients. "I believe this will be a great asset to our community," said Foothills Board Chair Charlotte Estes. "This is long overdue and we are thankful to be here," said Scott Sykes, clinical director. "We have touched 4,213 lives so far. We have seen a significant difference being made in their lives, in their physical and mental health, even their oral health."



Photo by James Cook, Clay City Times. Pictured l-r: MSE employee Marty Friedman, Stanton Mayor Dale Allen, HCH clinical director Scott Sykes, HCH Advisory Council member Alice Kennedy, HCH Advisory Council Chair and Foothills Board member Della Piersall, Foothills Board Chair Charlotte Estes, Clay City Mayor Jim Caudill, HCH Advisory Council member and Foothills Board member Christine Randall, State Representative Richard Henderson, Whitaker Bank employee Chris Allen, and Foothills Board member James Witt.

Financial Partners Winter Class

A new Financial Partners class will begin in Richmond next month. This free class will be offered at Red House Baptist Church, located at 2310 Red House Road every Thursday beginning January 27th through April 21st from 6:30 – 8:30 p.m. Financial Partners is a common sense money and budget management program for married couples. The class follows the concepts of Dave Ramsey's Financial Peace – The Next Generation. Participants will learn how to make a cash flow plan for each paycheck, how to develop a cash envelope system and how to pay off debt. The class includes videos and group discussions. Additionally, all training materials are provided at no cost. For questions or to register call Bill Arrowood at 859/624-4116.



Clark County Judge Executive Henry Branbham helped serve lunch at the Generations Center's Annual Veterans Day Celebration to honor those who have served or fought in the armed forces.

Proceeds from Holiday Tea Helps Combat Alcoholism/Drug Addiction

Laughter and the smell of delicious food filled the dining room at the 3rd annual holiday tea benefiting Liberty Place Recovery Center for Women. More than 160 people attended the popular event that took place on Saturday, November 13th. The event raised nearly \$10,000 for the program, which provides support and hope for women recovering from drug and alcohol addiction.



Pictured above: one of this year's decorated tables. Its theme was Picnic Time and featured Bobby Flay dinnerware, a tablecloth that could be used as a throw, cookware and a table top grill. Pictured right: Liberty Place Advisory Committee Chair Dr. Paula Maionchi, Event Host & Auctioneer Dave Baker, and Foothills Executive Director Vicki Jozefowicz.



Dave Baker served as this year's Emcee/Auctioneer. Since 1982, Dave has been a sports anchor, reporter, and account executive at WKYT-TV, the CBS television affiliate in Lexington. He is also the television voice of University of Kentucky basketball on the Big Blue Sports Network.

Robin W., Liberty Place Peer Mentor and recent program graduate, delivered a powerful testimony about her experience in the program. Peer Mentors work to help other clients in the program. Still in recovery themselves, they are further along in the healing process. Phase I clients served as the hostesses and servers. They even prepared some of the delicious food.

The highlight of the event was the live table auction. Table hosts bought and decorated tables for purchase by attendees. These tables all included tablecloths, dishes, and glassware. Tables varied in their themes – and included extras like centerpieces, games, gift cards, football tickets, a homemade cake, vases, even a dollhouse. Some of this year's table themes included Rise and Shine, Ladies Day Out, It's Game Time, Snowman Winter Wonderland, Thanksgiving Joy, Dollhouse Fun for All Ages, Chocolate Dreams, and 'Tis the Season to be UK.

In addition to the tea, the event featured a silent auction and a vintage tea shoppe, where attendees could shop for antique and vintage collectables including tea cups, saucers, hand embroidered doilies, and various other knick knacks.

Liberty Place would like to thank everyone who supported this event. The center is thankful for all of their table hosts, silent auction sponsors, food sponsors and everyone who donated items to the vintage tea shoppe. Funds the event raised will go towards supporting the program and 10% will be placed in the residents' event budget, which allows program participants to attend special activities and training, such as AA conferences.

Staff and Board Transitions

Randi Baker has been hired as Recovery Services Director for Liberty Place. Clint Johnson joined our staff as Weatherization manager. Tony Crachiolo has been hired as the Program Coordinator for the agency's new TREK program.

Kristy Hudson was promoted to Assistant Director of Family Preservation.

Jacob Crockett became a full-time Accounting Clerk after graduating from EKU in May. Also, Brady Philbeck transitioned from Transportation Driver/Dispatch office to IT Assistant. Foothills would like to welcome Patty Hinds, Estill County, and the newly-elected Powell County Judge Executive Jim Potts to its Board of Directors. Welcome and congratulations!

Foothills' 2011 Board of Directors:

William Baker, Carol Barrier, Tom Boyd, Judge Executive Henry Branham, Judge Executive Kent Clark, Charlotte Estes, Ruth Ferrell, Rochelle Garrett, Deputy Judge Executive Linda Ginter, Joslyn Glover, Patty Hinds, Teresa Hodgkin, H.C. Kenney, Marcy Martin, Joyce Morton, Della Piersall, Powell County Judge Executive Jim Potts, Pam Price, Christine Randall, Sr. Loretta Spotila, Judge Executive Wallace Taylor, and James Witt.

The News in Brief...



The Okonite Company recently made a donation to Foothills' Richmond Child Care Center. The center, located in the Richmond Industrial Park, serves the childcare needs of working parents and is a cooperative effort between Foothills and the City of Richmond. "The center is committed to helping children grow physically, mentally, and socially," said Kathy Shew, RCCC Director. "The support from our parents and community members help us meet the children's needs." Pictured above is Okonite employee Traci Walker, Jordyn Walker, and Kathy Shew.

Youth Accomplish Milestone

Three youth recently completed Foothills' newest program – TREK. The Training, Readiness, Experience, & Knowledge Project (TREK) provides services to 30 out-of-school youth, ages 16-18 in Clark, Estill, and Powell counties. "Students receive support and incentives to complete their GED requirements, obtain Kentucky Employability Certificates, and gain real-world employment seeking skills," said Tony Crachiolo, program coordinator. "For those interested in pursuing secondary degrees we provide assistance with their University/College selection and application process." The first step in this vital program is to acquire the necessary knowledge to pass the GED examination. Foothills would like to congratulate Alex Woosley, Nicole Miller, and Dale Stephens II who recently received their GED!

Free Tax Prep Available

Low income families, elderly and handicapped taxpayers can receive free income tax help during the tax season Foothills' main office in Richmond, located at 311 Spangler Drive. Residents from Clark, Estill, Madison and Powell counties can benefit from this free service. Certified tax preparers will prepare basic state and federal income tax returns for taxpayers who cannot afford a professional tax service. The service offers electronic filing, meaning taxpayers who qualify for a state or federal refund can receive it in two weeks or less. In addition to tax preparation, tax preparers will determine if taxpayers are eligible for the Earned Income Tax Credit, a refundable federal tax credit for low- and middle-income working individuals and families. Taxpayers should bring all W-2's, dependent information (such as Social Security numbers) and other important tax documents. Foothills tax site will be open January 24th through April 15th. An appointment is required and can be scheduled by calling 859/624-2046.

footnotes

Published quarterly by Foothills Community Action Partnership. Foothills Community Action Partnership serves residents of Clark, Estill, Madison, and Powell counties with some services in additional areas. Funding for this newsletter is provided by private and public sources including a Community Services Block Grant through the Cabinet for Health and Family Services and the Department for Community Based Services.

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Head Start Notes

Recently Head Start received a grant from the United Way of the Bluegrass through IBM to receive 50 new Young Explorer learning centers. These computers are the centerpiece of IBM's KidSmart Early Learning grant program. The computers are housed in brightly colored, child-friendly Little Tikes furniture and equipped with award-winning educational software to help children learn and explore concepts in math, science and language. The computer centers can also help children learn important socialization skills such as cooperation and sharing, which are essential to classroom success. In addition, teachers participating in the program become more confident about incorporating technology into their classrooms. Head Start also received a new Early Learning Mentoring Coaches grant in the amount of \$225,000. The overall goal of this grant is to improve the qualifications and training of teaching staff; assist grantees to promote positive, sustained outcomes for children; and, promote career development in Head Start grantees. Head Start Area Policy Council Officers were elected in November for 2010-2011. They are Shannon Allen, President; Charles Hembree, Vice-President; Angela Slaven, Secretary; and Annette Townsend, Assistant Secretary.

Recovery Celebrated at Transitions Ceremony

Five women recently completed the recovery program at Liberty Place. Their achievements were recognized at a special transitions ceremony held at the center on Thursday, December 9th. About 100 program participants, staff, alumni, family, friends, and community members gathered for the event to show their support for the participants' hard work and dedication. While in the program women receive peer support, daily living skills training, job responsibilities and challenges to practice sober living.



Pictured above l-r: Robin W., Marcy H, Laura J, Cassie S. and Natasha K.

The program is structured around the 12 Steps of Alcoholics Anonymous, Recovery Dynamics and Criminal Thinking. "There is help for those battling alcoholism and drug addiction," said Robin W., Liberty Place client. "You just have to help yourself." Sharrieffa Blair, Employment Specialist for Goodwill Industries, was the special guest speaker at this event.

Foothills is constantly seeking enthusiastic individuals to volunteer their services and time in helping others. Each year we depend on thousands of committed, community-minded volunteers to help achieve our mission of helping people. Volunteers can do a variety of things such as lead exercise classes for seniors, sort food and clothing donations, conduct craft classes, assist with the organization and distribution of commodities, provide maintenance, and help with special events. We also have many opportunities for groups. For more information contact Melissa Gross at 859/624-2046.

Foothills' Annual Report is now available for the public to view online in PDF format at www.foothillscap.org. It is listed under the About Us section. Also, Foothills' 2011 Calendar is also now available. For questions or to request a calendar call 859/624-2046.

Crisis Portion of LIHEAP Begins January 4

Foothills will begin the crisis component of the Low Income Home Energy Assistance Program (LIHEAP) that assists households in a heating crisis on Tuesday, January 4th.

The program will run through March 31st or until the funds are expended.

LIHEAP is a statewide initiative sponsored by Community Action Kentucky Inc. in partnership with the Cabinet for Health and Family Services (CHFS) and is directly funded by the U.S. Department for Health and Human Services, Administration for Children and Families.

Only those with disconnect or eviction notices or who are within 48 hours of being without heat can receive assistance during the crisis component.

A household shall be considered to be in a home heating crisis situation when the household meets the basic LIHEAP eligibility criteria and: (1) the household is within four (4) days of running out of fuel if bulk fuel (coal, fuel oil, propane, kerosene, or wood) is the heat source; (2) the household has received a past due/disconnect notice if natural gas or electric is the heat source; or (3) the household's home heating costs are included as an undesignated portion of the rent, and the household has received an eviction notice for non-payment of rent from the landlord.

LIHEAP eligible clients will receive a one-time benefit on their utility bill or they can receive a voucher for their primary heating source, such as wood or kerosene. The benefit amount each household re-

ceives will be based on its level of poverty and type of fuel used for heating.

To apply, participants must bring their most recent heating bill or verification from their landlord that the heating expenses are included in their rent, a Social Security card or Permanent Residence card (Green Card) for each member of the household, a picture ID (driver's license or state identification card), and proof of their household's income for the preceding month. Both homeowners and renters who are responsible for their heating bills and have a low or fixed income are eligible.

For more information call Clark Co., 859/744-3235; in Estill Co., 606/723-4492; in Madison Co., 859/624-6514; Powell Co., 606/663-26659.