

## Governor and First Lady Launch Kentucky's Clean Energy Corps

Earlier this year the Beshear Administration launched Kentucky's Clean Energy Corps, a program designed to reduce energy costs, protect the environment, and create thousands of "green collar" jobs.

The pilot part of the program is to provide weatherization services to 100 homes and is being funded with \$1 million in existing state and private funds.

Once the pilot project is completed, the program will benefit as many as 10,000 low-income households within the state. Funding for this project is coming from more than 77 million in federal economic stimulus money. It is predicted that 3,300 jobs will be created in the first year alone.

Foothills' Weatherization (WX) program is one of the new program partners. WX helps families at 150% of the poverty

level, and will begin serving those at a higher income level, with their home's energy efficiency in order to reduce heating and cooling costs. Staff analyze the home's energy efficiency and install insulation and weather stripping, or take other measures which will reduce heating and cooling costs while increasing comfort.

Foothills has been involved in the pilot project in Winchester and Richmond. Foothills' Weatherization program has been working on ten homes in each county. Each home will receive approximately \$10,000 of weatherization-type services.

The pilot project began on Earth Day, April 22<sup>nd</sup>, with a Clean Energy Corps Hybrid Bus Tour to five counties. Each site hosted an Open House, where neighbors

witnessed home improvements, and volunteers who rode the bus shared "Clean Energy Kits," filled with energy-efficient devices and user-friendly educational tips on how to reduce energy consumption. The bus tour stopped at four homes and one homeless shelter.

Two of Foothills weatherization clients who were receiving



*First Lady Jane Beshear speaks at the home of Odel and Flora Runyon in Richmond*

home-energy upgrades from the pilot project, were visited by Kentucky First Lady Jane Beshear, Secretary of Finance Jonathan Miller, local and state officials, Foothills staff and community volunteers.

The bus tour began in Clark County at the home of Imogene Voyles, Foothills' weatherization client. A proclamation was read by Judge/Executive Henry Branham and Mayor Ed Burtner. State Representative R.J. Palmer, as well as members of the City Commission and Fiscal Court were also present.

"Everyone has a responsibility to make a difference. If each of us does just one

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*Mark Brandenburg, Foothills' Weatherization Specialist, explains the energy conservation work on the home of Imogene Voyles to Jane Beshear.*



Seven women have recently completed the recovery program at Liberty Place. Pictured above are the first six graduates of the program, who are now Peer Mentors. From l-r: Christy, Wendy, Jamie, Cindy, Amber, and Janet. Nancy, not pictured, is successfully working on maintaining her sobriety and has moved out.

“Liberty” is more than just the name of Liberty Place. Liberty means that every individual has the right to act according to his or her own will.

At Liberty Place women follow the 12 steps of Alcoholics Anonymous (A.A.) and the Recovery Dynamics curriculum that teaches them how to apply their understanding of the Alcoholics Anonymous principles of recovery into their own lives. The end result is that participants recover from alcoholism and/or drug addiction and achieve long term sobriety.

Since Liberty Place opened in June 2008, 72 women have entered Phase 1 of the program. Since April, seven women have completed the recovery program.

On April 3<sup>rd</sup> a ceremony was held for the first set of women who transitioned into their recovery. Since then, three more women have followed in their footsteps.

Each woman who completes the program receives an A.A. token. This special token symbolizes their success and is a personal memento that reminds them of the importance of their sobriety. The back

## Liberty Place Celebrates Milestone Transitions First Set of Women

of the token, designed specially for Liberty Place, reads “I put my hand in yours, and we did what I couldn’t do alone.”

After completing the 12 steps, women move into Phase 2 of the program, which is a gradual re-introduction to society that involves working full or part-time and obtaining independent housing.

While in Phase 2 clients continue to work the 12 steps, attend classes, work on homework assignments, and go to AA and/or NA meetings. Clients in Phase 2 can also petition to be a peer mentor. Peer mentors work to help other clients in the program. Peer mentors are still in recovery, themselves but are further along in the healing process.

Liberty Place also teaches essential life skills classes to clients entering Phase 2. These include budgeting, resume writing, parenting, domestic violence education, nutrition, and spiritual growth. Through the life skills classes clients are equipped with the necessary tools they need to re-enter society. Many women who come to Liberty Place have children. Through life skills they learn valuable parenting skills and are better prepared to reunite with their children once they complete the program.

A Recovery Kentucky Initiative, Liberty Place is able to serve 100 women in the 6<sup>th</sup> Congressional District. Services provided are free of charge to clients. The program is modeled after The Hope Center and The Healing Place.

During the first transitional ceremony the spirit of the program could be heard as each woman took her turn at the podium. Cindy said, “Without Liberty Place, the staff, and the grace and mercy of a loving God, I would not be the person I am today. I am so grateful for Liberty Place and Alcoholics Anonymous.”

Jamie said, “When I came to Liberty Place, I was lost and felt that I had no meaning in life. Drugs and alcohol got the best of me, and I know my life would be ended by them. Now I know that my life has a purpose. I can better understand that the meaning of life is what you make it. By the grace of God, and the 12 steps I can see the other side!”

Recovery takes an incredible amount of perseverance and courage. Foothills would like to congratulate these brave women for their strength and determination to complete this program and for their commitment to their sobriety.



Christy (left) receives her AA token from Alfrashanna, her Peer Mentor.

# The News in Brief...



The Richmond Senior Center held a special Memorial Service on Friday, May 22 to remember seniors they have lost since last Memorial Day. The program was titled A Moment of Faith, Hope and Love. Rev. Owen Chandler led the program, along with Heather Slone, center director. Rev. Chandler spoke about love. Tim Jones played the violin as the seniors sang songs such as Amazing Grace, In the Garden, and Sweet By and By. During the time

of remembrance each senior was recognized. Those remembered include Dora Cheek, Roscoe Collins, Peggy Durbin, Martha Eades, Bob Hawley, Lloyd Holbrook, and Carter Justus. Ten seniors who were home care clients were also remembered. Pictured above: Gladys King, senior center participant, and Robert Lair, Foothills' Homecare Case Manager, light a candle in memory of Dora Cheek.



*Carolina Figueroa Brock, Sandra Anez Powell, and Elisa Bruce are pictured above (r-l) after filming a TV show at Insight recently. Elisa, a Mujeres Unidas member, hosts and produces the first Spanish-language television program in Central Kentucky, Insight Para Ti. During this episode Foothills' Mujeres Unidas program was featured. Sandra, Program Coordinator, and Carolina, participant, discussed resources and services that the Foothills Hispanic Outreach program provides to the community.*

**STAFF TRANSITIONS** / Scott Seitz, ARNP (Advanced Registered Nurse Practitioner), has been hired to work in the Healthcare for the Homeless Program. Brandy McCoy has been hired as a Supportive Housing Case Manager for the Supportive Housing Program. Michael Horton came on as a staff accountant for Weatherization and Michael Turner joined the Housing Department as a Weatherization Specialist. Welcome and congratulations!

~ SAVE THE DATE ~  
Liberty Place Recovery Center for Women will host its 2<sup>nd</sup> annual afternoon tea on Saturday, Nov. 14. This distinguished event will feature a traditional afternoon tea, a brief program, table decoration auction, and a silent auction. More info coming soon! Call Jeri Allison at 859/625-0104 to reserve your table/tickets.

## footnotes

Published quarterly by Foothills Community Action Partnership. Foothills Community Action Partnership serves residents of Clark, Estill, Madison, and Powell counties with some services in additional areas. Funding for this newsletter is provided by private and public sources including a Community Services Block Grant through the Cabinet for Health and Family Services and the Department for Community Based Services.

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## footnotes is Going Online!

Starting with the December issue, "footnotes" will be distributed through the Internet by email and with a link on our website at [www.foothillscap.org](http://www.foothillscap.org). This will allow Foothills to save a great deal of money on printing and mailing costs, and will allow us to publish more news and information on our website. Printed copies will always be available in the reception area at the main office located in Richmond. This electronic publication will be distributed via email quarterly (March, June, September, and December).



\*If you would like to continue receiving *footnotes* electronically please email Karen Bailey at [karen@foothillscap.org](mailto:karen@foothillscap.org). Please provide her with your full name and email address. Foothills staff do not have to respond.

Questions? Please Karen at 859/624-20469 or email [karen@foothillscap.org](mailto:karen@foothillscap.org).

## Clean Energy Corps

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thing in our home to reduce energy use that will add up to make a big difference for our state,” said Jane Beshear at the home of Imogene Voyles. “There are so many small things that each of us can do as individuals. With all the people working together, we can make a difference and be a leader in the nation.”

The bus then traveled to Madison County to visit Odel and Flora Runyon, also Foothills clients. Judge/Executive Kent Clark and Richmond Mayor Connie Lawson also read and signed a proclamation. Members of the City Commission and Fiscal Court were also present. From there the bus went on to Fayette, Montgomery and Rowan counties.

The goal of this program is to decrease each of these home’s energy use by 20-30%. Once the pilot project is completed

Foothills’ Weatherization program is expected to increase from serving 75 households a year to more than 200.

Weatherization services include: insulation of ducts, attics, walls, and ceilings; replacement of inefficient appliances (furnaces, refrigerators, water heaters, light bulbs); repair and/or replacement of unsafe electrical equipment; air infiltration and repair, weather-stripping, and replacement of leaky doors and windows; and repair and replacement of roof, siding and foundation.

Foothills provides Weatherization assistance in Clark, Estill, Madison, and Powell counties. For more information or to apply please contact the Outreach Office in your county.

In Clark County call 859/744-3235, in Estill County call 606/723-4492, in



*The Runyons open the doors of their home during the Clean Energy Corps Bus Tour.*

Madison County call 859/623-6514, and in Powell County call 606/663-2659. Visit <http://finance.ky.gov/cec/> for additional information.

## Foothills Community Action Partnership

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