

MENTAL HEALTH SERVICES

helps people who are dealing with multiple stresses in their lives. Treatment for addiction, family counseling and support are available as needed. They're uniquely integrated into trauma-informed mental health services.



**FOOTHILLS HEALTH
& WELLNESS CENTER**

We offer the support you need.

- Screening & Assessment
- Individual Counseling
- Couples & Family Counseling
- Group Counseling
- Parenting Classes
- Community Education & Outreach

A PROGRAM OF:

**Kentucky River Foothills
Development Council, Inc.**



**Call for Details or to Schedule an Appointment:
606.663.9011 or Visit Our Website: foothillscap.org.**

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