

- Weight Management
- Cardiovascular Disease
- Pulmonary Conditions
- Oncology Nutrition
- Renal Disease
- Diabetes Nutrition
- Pregnancy Nutrition
- Food Allergies

Nutrition Counseling

**LOSE WEIGHT, EAT HEALTHIER & REDUCE
YOUR RISK OF CHRONIC DISEASE.**



FOOTHILLS
Health & Wellness Center

Get nutritional counseling at Foothills Health & Wellness Center. A counseling session includes an evaluation and assessment of your nutritional needs and a nutritional plan customized for you. Services are offered on a sliding scale. Discounts on co-pays and fees may be available depending on individual circumstances.

A PROGRAM OF:

**Kentucky River Foothills
Development Council, Inc.**



**Call for Details or to Schedule an Appointment:
606.663.9011 or Visit Our Website: foothillscap.org.**

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