

# ANNUAL REPORT OF SERVICES

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**Kentucky River Foothills  
Development Council, Inc.**   
*A Community Action Agency*

## 2024-2025

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**A YEAR OF IMPACT. A FUTURE OF HOPE.**



# OUR MISSION

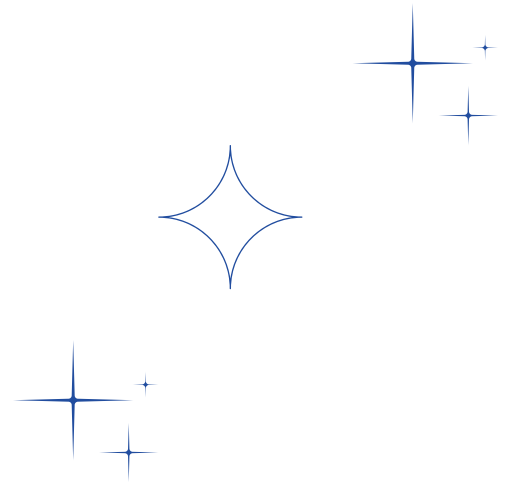
*Kentucky River Foothills improves its communities by assisting low-income families and individuals to achieve self-sufficiency by providing direct services and working with partnering organizations to develop additional resources to reduce poverty and create opportunities for those in need.*

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## OUR VISION

*In a truly strong community, no family is expendable. KRFDC believes that communities must work together – in partnership – to enable all persons to live with dignity, responsibility, and opportunity. To support this vision, KRFDC offers a myriad of services that promote stability and independence throughout the life cycle. KRFDC is a health and human services agency, providing services focused on improving an individual's general well-being.*





Dear Friends and Supporters,

Over the past year, Kentucky River Foothills has continued to respond to the evolving needs of our communities with flexibility, innovation, and dedication. Many families are facing financial uncertainty and reaching out for support to secure housing, food, and basic necessities. Your partnership allows us to meet these needs effectively and provide services that promote stability and self-reliance.

I am pleased to share that we recently purchased a 13-acre property within the Winchester city limits, near downtown and adjacent to existing housing developments. This land is well-suited for phased development of affordable housing, with potential for a mix of apartment complexes, townhomes, and other housing units. The property could accommodate up to 200 residents. This acquisition represents a major step forward in our mission to expand safe, affordable housing options in our region.

Throughout the year, our programs have continued to provide essential services, including emergency housing support, food distribution, healthcare access, and comprehensive case management. Our teams collaborate closely with community partners to ensure residents receive the support they need, and these partnerships strengthen the networks that help families thrive.

We are an outcomes-driven organization, and this annual report serves as our scoreboard. The data presented reflects real progress in housing, employment, education, recovery, and more. It also demonstrates our accountability as stewards of both public and private resources. Every dollar entrusted to Foothills is managed with care and directed toward measurable, lasting impact.

We are inspired daily by the dedication of our staff, volunteers, and community members who contribute time, resources, and care to lift others. Most importantly, we witness the resilience of the individuals and families we serve, whose courage motivates our work.

Looking ahead, we remain committed to addressing both the conditions and causes of poverty in our communities. Your continued support enables us to expand opportunities, develop housing solutions, and provide programs that empower individuals and families to achieve self-sufficiency. This annual report reflects the impact of our services, showing the difference we make in the lives of those we serve.

Thank you for your ongoing commitment to Kentucky River Foothills and for helping us strengthen our communities through meaningful, lasting change.

A handwritten signature in blue ink that reads "David Estep". The signature is written in a cursive, flowing style.


David Estep  
Executive Director



# COMMITTED TO COMMUNITY

Kentucky River Foothills Development Council, Inc., known as Foothills, provides social services in Clark, Estill, Madison, and Powell counties.

Formed in 1962, the agency became a community action agency two years later. From the beginning, Foothills worked to expand opportunities and strengthen families.



The community action model allows Foothills to design programs that meet local needs. A board of directors with representatives from the public, private, and low-income sectors guides this work. Together, they identify challenges and direct resources to address them.

The agency's first federal grant in 1965 supported training and employment. Over time, services grew to include emergency assistance, aging services, housing, and transportation.

Foothills continues to help people meet basic needs, reach financial stability, support their families, continue education, access health care, and find safe housing. Staff, board members, and volunteers work together to build trust and provide reliable support.

Today, Foothills offers more than 40 programs to help individuals and families move toward stability and long-term success.



# STRATEGIC PRIORITIES

*Our Strategic Plan guides all services and programs. We use it to set clear outcomes for families and individuals. We provide crisis support and emergency services. We also offer programs that remove barriers, build skills, and open new opportunities. The plan has five goals with specific strategies. These goals reflect the needs of people in our service area. We build the plan on research, surveys, and community input. We review and update the plan each year to keep it current and effective.*



## **Empowering Employment and Self-Sufficiency**

*Increase access to employment, health care, and community/civic engagement through the reduction of individual and family barriers.*



## **Promoting Community Health and Health Education**

*Increase community health outcomes and health education awareness for individuals and families.*



## **Combatting Homelessness and Fostering Safe and Affordable Housing**

*Increase access for low-income individuals and families to obtain stable, safe, and affordable housing.*



## **Addressing the Opioid Epidemic and Substance Use Disorders**

*Respond to the opioid epidemic and increase the availability of supportive services to individuals and families impacted by substance use disorders.*



## **Strengthening Agency Capabilities to Fulfill the Mission**

*Build Agency capacity through communications, technology, fund development, and Strategic Human Resources Management to realize the mission of Kentucky River Foothills.*





# FOOTHILLS LEADERSHIP

*As a community action agency, Kentucky River Foothills is strengthened by a tripartite board that reflects our commitment to inclusive governance. Our board of directors is composed of one-third representatives from low-income neighborhoods, ensuring that the voices of those we serve are heard. Another third includes public officials or their designees, fostering collaboration and accountability within the community. The remaining third consists of representatives from various sectors of the private industry, strategically aligned with the key areas of need identified through our Community Assessment Plan. This diverse composition not only enhances our decision-making process but also ensures that our programs are effectively tailored to address the unique challenges facing our region.*

## **Board of Directors**

Chair: Terry Davidson, Low-Income Sector, Clark County  
Vice-Chair: Crystal Wylie, Private Sector, Madison County  
Secretary: Dr. Ashley Sweat, Public Sector, Madison County  
Treasurer: Judge Executive Reagan Taylor, Public Sector, Madison County

Judge Executive Eddie Barnes, Public Sector, Powell County  
Micah Benavides, Public Sector, Madison County  
Henry Branham, Public Sector, Clark County  
Virgil Gardner, Low-Income Sector, Madison County  
Vaché King, Private Sector, Clark County  
Marcy Martin, Low-Income Sector, Clark County  
Teresa McKinley, Private Sector, Estill County  
Christine Randall, Low-Income Sector, Powell County  
Sr. Loretta Spotila, Low-Income Sector, Estill County  
Dr. Tanlee Wasson, Private Sector, Madison County  
Judge Executive Donnie Watson, Public Sector, Estill County

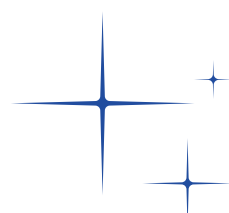


# FINANCIAL HIGHLIGHT FY 2025-2026 BUDGET

## **Revenues**

Grant Revenue: \$11,215,939  
Interest Revenue: \$155,000  
Management Fees and Other Revenues: \$5,772,650  
Total Revenues: \$17,143,590

## **Expenses**



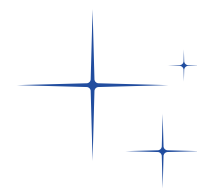
Personnel Costs: \$6,717,755  
Fringe Costs: \$2,797,388  
Travel: \$152,889  
Supplies, Maintenance, and Office: \$277,666  
Utilities, Telephone, and Rent: \$558,413  
Interest Expense: \$65,000  
Equipment: \$4,000  
Interest Expense: \$63,300  
Professional Costs and Contracts: \$534,004  
Services and Assistance: \$3,509,865  
Depreciation: \$735,009  
Other: \$1,145,509  
Total Expenses: \$16,495,797  
Net Surplus: \$647,792

# VOLUNTEER SERVICES

Total Volunteer Hours: 710.75

## **In-Kind Value**

Aging Services: \$149,700  
Community Services Block Grant/Outreach Services: \$4,873.05  
Community Collaboration for Children - Bluegrass Rural: \$69,870  
Community Collaboration for Children - Bluegrass Fayette: \$72,007  
Community Collaboration for Children - KIPDA Rural: \$24,870  
Transportation/Foothills Express: \$135,828  
Foothills Health & Wellness Clinic: \$73,371.81






# COMMUNITY SERVICES



**Kentucky River Foothills supports low-income families and individuals through direct services and community partnerships. The goal is to reduce poverty and expand opportunities for self-sufficiency. Services cover community programs such as family support, aging, and adult day services. They also include health and wellness, recovery supports, education, housing, and transportation.**



Everyone needs food, shelter, heat, clothing, and medical care. Rising costs force many people to choose between rent and groceries or medicine and utilities. Foothills works to ease these burdens through a range of community services.

Our four outreach offices provide information, referrals, and access to emergency assistance. Support includes help with food, shelter, and utilities. When funds are limited, staff connect clients to other resources. We also offer Goodwill vouchers for emergencies such as fires, floods, or sudden income loss. Through the New Eyes for the Needy program, eligible individuals receive eyeglasses.

The self-sufficiency program provides case management. Services include budgeting, life skills training, resume support, and job search assistance. The goal is to help clients build stability and prevent future crises.

Foothills also helps with energy costs through the LIHEAP program. Support includes a one-time subsidy based on household income and size, and crisis assistance for households facing disconnection or fuel shortages. The subsidy program runs from November to mid-December. The crisis program runs from January to March, with additional assistance possible in spring and summer if funds allow.

These services depend on community support. Donations and volunteers strengthen this work and help more families meet their basic needs.



**Basic & Emergency Needs**

Information/Referrals: 46,824  
Direct Services: 10,701  
Goodwill Vouchers: 167  
Emergency Clothing: 94  
New Eyes for the Needy: 11  
CSBG Client Services: 23  
CSBG Case Management: 47  
Outreach Events: 12  
School Supplies: 500

**Assurance 16****Energy Savings Initiative**

Case Management & Utility Assistance: 75  
Persons Receiving Energy Efficiency  
Pamphlets/Brochures: 5,214

**Wintercare****Kentucky Utilities**

Clark Co. Households: 55  
Clark Co. Benefit Amount: \$12,406.04  
Estill Co. Households: 2  
Estill Co. Benefit Amount: \$382.36  
Madison Co. Households: 36  
Madison Co. Benefit Amount: \$8,575.93

**Wintercare****Columbia Gas**

Clark Co. Households: 109  
Clark Co. Benefit Amount: \$24,773.91  
Madison Co. Households: 4  
Madison Co. Benefit Amount: \$1,156.43

## **LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)**

**Summer Cooling Subsidy Assistance**

7/16/24 to 9/13/24

Clark Co. Households: 282  
Clark Co. Benefit Amount: \$45,211  
Estill Co. Households: 476  
Estill Co. Benefit Amount: \$90,112  
Madison Co. Households: 608  
Madison Co. Benefit Amount: \$105,964  
Powell Co. Households: 313  
Powell Co. Benefit Amount: \$61,679  
Total Households: 1,679  
Total Subsidy Assistance: \$302,966

**Fall Subsidy Assistance**

11/5/24 to 12/20/24

Clark Co. Households: 313  
Clark Co. Benefit Amount: \$43,213.77  
Estill Co. Households: 505  
Estill Co. Benefit Amount: \$83,525  
Madison Co. Households: 838  
Madison Co. Benefit Amount: \$120,585  
Powell Co. Households: 390  
Powell Co. Benefit Amount: \$62,966.83  
Total Households: 2,046  
Total Subsidy Assistance: \$310,290.60

**Winter Crisis Assistance**

1/7/24 to 3/31/25

Clark Co. Households: 491  
Clark Co. Benefit Amount: \$126,350.93  
Estill Co. Households: 774  
Estill Co. Benefit Amount: \$177,402.90  
Madison Co. Households: 1,132  
Madison Co. Benefit Amount: \$262,038.11  
Powell Co. Households: 771  
Powell Co. Benefit Amount: \$170,857.20  
Total Households: 3,168  
Total Crisis Assistance: \$736,649.14

**Spring Subsidy Assistance**

4/15/25 to 5/30/25

Clark Co. Households: 251  
Clark Co. Benefit Amount: \$32,110  
Estill Co. Households: 467  
Estill Co. Benefit Amount: \$67,202  
Madison Co. Households: 587  
Madison Co. Benefit Amount: \$84,143  
Powell Co. Households: 382  
Powell Co. Benefit Amount: \$63,019  
Total Households: 1,687  
Total Subsidy Assistance: \$246,474



Foothills helps individuals and small businesses get the health coverage they need through kynect. Our kynectors are trained professionals who guide families through applications for Medicaid, the Kentucky Children's Health Insurance Program (KCHIP), Qualified Health Plans, the Supplemental Nutrition Assistance Program (SNAP), and the Child Care Assistance Program (CCAP). They also assist small businesses with the Small Business Health Options Program.

All health plans include essential benefits such as doctor visits, hospital care, prescriptions, emergency services, and coverage for children and pregnant women. Kynectors provide education and direct enrollment support, making the process simple and accessible. For many families, this means access to free or affordable coverage based on income and household size.

#### **PROGRAM IMPACT**

- Households Enrolled in Medicaid: 427
- Households Enrolled in Qualified Health Plan: 82
- Households Enrolled in Medicaid Renewal: 35
- Households Enrolled in Qualified Health Plan Renewal: 17
- Households Enrolled in SNAP: 275
- Households Enrolled in CCAP: 11
- Outreach Events Conducted: 295

*One family shared that enrolling in Medicaid through Foothills allowed them to get regular medical care for their children for the first time. They reported fewer missed school days and less stress managing doctor visits and prescriptions.*





# COMMUNITY COLLABORATION FOR CHILDREN

Prevention reduces child abuse and strengthens families. Community Collaboration for Children (CCC) works to stop abuse before it happens while giving parents tools to succeed. The program serves 19 counties through regional networks and direct services.

Regional networks bring together community partners, child-serving agencies, parents, and local citizens. They focus on awareness and education while building parent leadership. Staff also join public events during Child Abuse Prevention Month in April.

In-home services address children's physical, mental, emotional, and educational needs. Specialists use the Nurturing Parenting Curriculum to help families set and reach goals. Short-term, intensive interventions give parents support to create safe and stable homes.

CCC operates in the Bluegrass Rural, Fayette Rural, and KIPDA Rural regions. Families are referred by community partners, self-referrals, or the Department for Community Based Services. Services are free for families who have custody of their children, with no income requirement. CCC serves families facing a wide range of challenges, including disability, single parenthood, poverty, school problems, homelessness, and caregiving by grandparents or relatives.

## PROGRAM IMPACT

BG Rural Region: 53 families served  
636 home visits, 88 children served, 53 connected to resources

BG Fayette Region: 37 families served  
444 home visits, 52 children served, 37 connected to resources

KIPDA Region: 27 families served  
324 home visits, 40 children served, 27 connected to resources

*One parent said that working with the program helped her manage stressful situations at home. She feels more confident in setting routines and supporting her children's learning.*



# RESPONSIBLE FATHERHOOD

The Responsible Fatherhood program helps fathers strengthen their role as parents, partners, and providers. The program has three parts: parenting skills, relationship and financial literacy, and job coaching.

The 36-hour parenting component uses the 24/7 Dad curriculum. Fathers learn about their role in their children's lives, communication, co-parenting, discipline, community involvement, and health issues.

The relationship and financial literacy component uses PREP/Within My Reach and Money Smart from the FDIC. Fathers learn communication, conflict resolution, budgeting, debt management, teaching children about money, and saving for major expenses and retirement.

The job coaching component provides resume and cover letter support, interview practice, job applications, and guidance on finding suitable employment.

Participation is voluntary and open to eligible individuals. Completion of all components is required.

## **PROGRAM IMPACT**

Participants Enrolled: 159

Completed Workshops: 91, 21 reentering from a detention center

Active Clients: 25

Class Sessions Conducted: 17 Workshop Series

*One father mentioned that learning practical parenting strategies improved his communication with his child.*



# FRAMEWORKS – HEALTHY MARRIAGE AND RELATIONSHIPS

The FRAMEWORKS initiative helps individuals and families build relationship skills and improve economic stability. In partnership with Gateway Community Action, FRAMEWORKS offers workshops on relationships, financial management, and personal growth. The program is open to all, including single individuals and couples.

The nine-session workshop series runs for 18 hours, both virtually and in person, and includes individual coaching. Participants receive a \$100 gift card and access to additional learning in job readiness and parenting.

Workshops cover income and expenses, budgeting, financial goal setting, building savings, understanding credit, managing debt, identity theft protection, career development, and insurance basics.

After completing the series, participants can continue with job coaching and parenting classes.

## **PROGRAM IMPACT**

Participants Enrolled: 234  
Completed Workshops: 152  
Active Clients: 36

Class Sessions Conducted: 28 Workshop Series

*A couple shared that attending the workshops strengthened their communication and teamwork at home. One participant noted that learning financial planning helped them feel prepared for unexpected expenses.*





# SUPPORTIVE SERVICES FOR RECOVERY ENHANCEMENT

The Supportive Services for Recovery Enhancement program helps individuals and households recover from Opioid Use Disorder and other disorders co-occurring with OUD. Funding from the Kentucky Opioid Abatement Advisory Commission allows us to provide guidance, resources, and personalized support in a safe, confidential environment.

SSRE serves individuals with a current or prior diagnosis of Opioid Use Disorder or co-occurring Substance Use Disorder, including those transitioning from incarceration for non-violent opioid-related convictions.

We provide housing assessments and stability planning, connect clients with public benefits and medical care, and link them to peer support. We assist with job readiness, employment, and education. Temporary financial assistance covers rent and utility arrears, deposits, transportation, and emergency supplies.

Our approach focuses on housing stability, healthcare access, employment, education, and financial security. Personalized care plans address barriers and respect clients' values while supporting their decisions. Overall, SSRE helps individuals achieve recovery, stable housing, and self-sufficiency.

## **PROGRAM IMPACT**

Households Served: 60

Individuals Served: 98

Total Financial Assistance Provided: \$280,810.60

*One client shared that the program helped him rebuild his life after incarceration. He says the support with housing, encouragement, and guidance gave him the confidence to regain independence and work toward long-term recovery, while also inspiring him to help others facing similar challenges.*





# LIBERTY PLACE RECOVERY CENTER FOR WOMEN

Liberty Place supports all women seeking recovery from substance or alcohol use disorders. We contract with Mountain Comprehensive Care Center to provide specialized services to meet residents' needs.

Liberty Place offers a safe, supportive environment where women can focus on recovery without financial stress. Residents receive guidance, hope, and practical tools to build a stable life. The program helps women gain control of their lives and prepare for permanent housing.

Services include peer support, daily living skills, job responsibilities, 12-Step recovery meetings, and accountability for themselves and others. Residents practice sober living in a drug-free, alcohol-free environment. Staff help women strengthen support systems and provide services that empower them to maintain total abstinence.

Liberty Place serves women 18 and older who are homeless or at risk of homelessness. We accept self-referrals as well as referrals from the Kentucky Department of Corrections, Drug Court, and Casey's Law petitions. The program teaches residents that recovery is possible and helps them establish new patterns of thinking and behavior to build a healthier, sober life.

## **PROGRAM IMPACT**

Program Residents: 226

Aftercare/Liberty Place and Holly Street Apartments: 15

Liberty Hour (AA Meetings): 365

In-House AA Meetings: 156

*One client's sister shared that Liberty Place gave her sibling back to the family. She says the program provided the support and structure needed to rebuild her life, pursue her goals, and spend meaningful time with loved ones.*



# FOOTHILLS HEALTH & WELLNESS CENTER

Foothills Health & Wellness Center provides care to everyone, including those with private insurance. We build strong partnerships between patients and providers to support personalized, coordinated care. Recognized as an NCQA Patient-Centered Medical Home, the center offers exams, testing, treatment, and referrals. We accept Medicare, Medicaid, most private insurance, and offer sliding fee scales.

Services include physical exams, limited immunizations, lab and office testing, and treatment for acute and chronic conditions. We provide well-woman exams, X-rays, specialized care, nutrition counseling, and prescription assistance. Additional support includes dental and eye exam vouchers, transportation, behavioral health counseling, case management, referrals, and self-help resources.

Our mobile unit brings care to Powell County and surrounding areas, making services accessible to the wider community.

## **PROGRAM IMPACT**

Total Participants: 1,670  
Medical Encounters: 6,067  
Mental Health Encounters: 864  
Prescription Assistance Provided: 97  
Vaccines Administered: 189  
X-rays Conducted: 225

## **ENABLING SERVICES**

Home Visits: 760  
In-Office Visit: 62  
Transportation: 406  
Linkages/Referrals: 448  
Basic Needs: 1,108  
Health Education: 910  
Medication Management: 154

*One client shared that the clinic helped him enroll in Medicaid and provided ongoing support after a stroke. He says the staff treated him like family, checking in during his hospital stay and guiding him through follow-up care, which gave him confidence and peace of mind.*



## SCHOLAR HOUSE PROGRAMMING

Scholar House programs support single parents enrolled in approved post-secondary institutions, including technical colleges and online programs. Eastern Scholar House and The Workforce Pathway at Kit Carson Commons Scholar House help residents overcome barriers to housing and childcare while pursuing education and long-term self-sufficiency.

Located on the Eastern Kentucky University campus, both programs provide academic tutoring, financial literacy, and employment support. Residents receive case management and workshops in parenting, family resource management, nutrition, work skills, problem-solving, and job search techniques.

Preschool-age children attend the on-site Child Development Center, allowing parents to focus on classes. The Childcare Assistance Program is accepted.

Both locations offer fully accessible two-bedroom apartments. Kit Carson Commons also has three-bedroom units. Apartments include energy-efficient appliances, washer and dryer, dishwasher, and storage. Residents have access to a computer lab, parking, and campus shuttle service. Housing operates on an income-based model managed by Winterwood Inc.

Programs prioritize low-income single parents in post-secondary education. Kit Carson Commons also gives preference to eligible military service members and veterans. Scholar House programming is not student housing.

*One participant shared that the program allowed her to raise three young boys while earning her degree and preparing for graduate school. She says having on-site childcare and academic support gave her the freedom to pursue opportunities she never imagined.*





## Program Impact

### Eastern Scholar House Program

Families Served: 50  
Children Served: 71  
Completed the Program: 9  
College Degrees Earned: 5  
Exited to Stable Housing: 18  
Exited to Stable Employment: 6  
Continued Post-Secondary Education: 1  
Moved Out Prior to Completion  
(Continued Education): 9

### Kit Carson Commons Scholar House

Families Served: 38  
Children Served: 66  
Completed the Program: 13  
College Degrees Earned: 11  
Exited to Stable Housing: 12  
Exited to Stable Employment: 4  
Continued Post-Secondary Education: 2  
Moved Out Prior to Completion  
(Continued Education): 5



The Supportive Services for Veteran Families (SSVF) program helps eligible veterans and their families secure and maintain stable housing. Services support those already in permanent housing and those transitioning to it. We provide case management and temporary financial assistance to promote housing and financial stability.

Case managers work with veterans to provide personalized guidance and support. The program serves low-income veteran families in 21 Kentucky counties: Bath, Breathitt, Clark, Clay, Estill, Jackson, Laurel, Lee, Madison, Menifee, Montgomery, Morgan, Owsley, Perry, Powell, Pulaski, Rockcastle, Rowan, Russell, Wayne, and Wolfe. Veterans must meet military, income, and housing requirements and have a discharge status other than dishonorable. Applicants must be facing eviction or homelessness.

Services include rental and utility deposits, temporary rent assistance, and case management. Staff help veterans access VA benefits, connect with community partners, and provide referrals. Additional support includes budgeting, income maximization, landlord and housing navigation, and other services tailored to individual needs.

#### **PROGRAM IMPACT**

Families Prevention Services

Veteran Households: 150

Individuals: 317

Financial Support: \$700,143.92

Rapid Re-Housing Services

Veteran Households: 156

Individuals: 224

Financial Support: \$681,069.72

*One veteran said temporary rent assistance reduced stress and allowed him to focus on employment. A family shared that case management helped them navigate resources and maintain stable housing during a difficult period.*





# WEATHERIZATION PROGRAM

The Weatherization Assistance Program helps households save energy and reduce costs while improving health and safety. Measures include air sealing, ventilation improvements, and added insulation. Participants can expect to save roughly \$300 to \$500 per year on their utility bills and benefit from better respiratory health, mental wellness, and physical safety.

Locally based, trained crews use energy assessments and diagnostic tools such as blower doors, manometers, and infrared cameras to evaluate each home. A weatherization auditor creates a customized work plan, and crews install recommended upgrades. A certified inspector ensures all work is done safely and correctly. Services may include testing heating systems, air sealing, installing ventilation fans, adding insulation, installing smoke and carbon monoxide detectors, replacing light bulbs with LEDs, and upgrading refrigerators.

These services are available to eligible homeowners and single-family or mobile home renters with landlord consent. Applications are accepted through Foothills, and completed applications are forwarded to a partner community action agency for processing.

## **PROGRAM IMPACT**

Weatherization Projects Completed: 10  
Weatherization Ready (Deferrals): 29  
Additional Homes Now Weatherization Ready: 5  
CARES Act Partnership Project with Clark Energy: 1

*One homeowner shared that weatherization upgrades lowered utility bills and made the home more comfortable. Another participant said the improvements made it safer for her children to play indoors during extreme weather.*





# AFFORDABLE HOUSING

The Affordable Housing program helps individuals and families achieve homeownership and access safe, stable, and affordable housing. We provide free homeownership counseling to support low- and moderate-income families.

The program helps eligible families secure very low-interest loans and grants to make homeownership possible. Participants receive case management and advocacy throughout the home-buying process to support long-term stability.

Services include credit counseling, mortgage guidance, down payment and closing cost education, budgeting, credit repair, financial goal setting, and home maintenance training.

Home rehabilitation programs help revitalize properties. Some programs have age or income limits, and participants must own their home or land if it is a mobile home. We partner with community organizations and funding sources to provide these services and support lasting change for families.

*One client shared that the Affordable Housing program helped her achieve her dream of homeownership. She says having a stable, safe place to live has allowed her to create a home for her family, host friends, and plan for the future with confidence and pride.*



# AFFORDABLE HOUSING

## HOMEOWNERSHIP AND HOUSING PROGRAMS

Estill County  
Homeownership Counseling:  
38 Participants

Homes Constructed: 2

Powell County  
Homeownership Counseling:  
22 Participants

Homes Bought and Remodeled  
During Foreclosure:  
1 Home (sold)

## RENTAL ASSISTANCE

Tenant Based Rental Assistance  
Households:  
25 Participants

Powell Co, Duplexes:  
4 Participants

Estill County 4-Plex:  
5 Participants

Cedar Grove Duplex  
Rental Property:  
3 Participants



## Home Rehabilitation in Partnership with Rural Development

Estill County: 9 Homes  
Madison County: 1 Home  
Powell County: 24 Homes

## Home Rehabilitation in Partnership with Kentucky Housing Corporation

Estill County: 3 Homes  
Madison County: 2 Homes  
Powell County: 1 Homes

# TAX PREPARATION SERVICE

Kentucky River Foothills provides free tax preparation services in February, March, and April for individuals with income of \$67,000 or less, people with disabilities, and those aged 60 or older. This year, in partnership with the Healthy Marriage and Responsible Fatherhood program and Eastern Kentucky University, we completed 429 tax returns for low-income clients. The returns generated 303 refunds totaling \$606,743, with an average refund of \$2,002. The average adjusted gross income for participants was \$40,290.76. We also processed 89 Earned Income Tax Credit refunds, totaling \$181,179, with an average of \$2,035. These services ensure that eligible individuals and families receive the tax credits and refunds they are entitled to.



# AGING SERVICES

Our four aging programs welcome adults aged 60 and older, regardless of income. The programs provide a fun, social environment where participants can connect, stay active, and enjoy life. Seniors can meet new friends, participate in group activities, and share experiences that enrich their daily lives.

Centers offer a wide variety of educational and recreational activities. Options include social events, day trips, luncheons, pool, air hockey, bingo, card games, arts and crafts, and exercise programs. Workshops and classes provide opportunities for learning, skill-building, and personal growth. Health screenings, tax preparation, utility assistance, and information and referrals are also available. Staff work with participants to accommodate specific interests and hobbies whenever possible.

Nutritious hot lunches are served weekdays at 11:30 a.m. Limited transportation is offered at no cost, ensuring all seniors can access programs and activities.

## **Berea Senior Citizens Center**

Program Participants: 269  
Congregate Meals: 5,688  
Home Delivered Meals: 5,083  
Commodity Boxes: 888

## **Clark County Generations Center**

Program Participants: 80  
Congregate Meals: 2,750  
Home Delivered Meals: 3,001  
Commodity Boxes: 107

## **Richmond Active Living Center**

Program Participants: 161  
Congregate Meals: 3,464  
Home Delivered Meals: 6,053  
No commodities provided.

## **Powell County Senior Center**

Participants: 109  
Congregate Meals: 4,586  
Home Delivered Meals: 5,971  
Commodity Boxes: 1,608

*One senior shared that attending weekly activities gave her something to look forward to and reduced feelings of isolation. Another participant said exercise classes improved her mobility, and social events helped her form new friendships.*





# FOOTHILLS ACTIVE DAY CENTER

Foothills Active Day Center provides health, social, supportive, and therapeutic services for adults with intellectual and developmental disabilities in a welcoming, community-based setting. We are a licensed medical care facility through the Office of the Inspector General and Medicaid.

Our staff focus on safety, engagement, and personalized care. Each day includes opportunities for socialization, therapy, recreation, and relaxation. The center has an activity room, game and TV room, quiet room, medical room, salon and barbershop, laundry and shower facilities, and an outdoor courtyard.

Services promote independence, dignity, and overall well-being. Activities include crafts, gardening, parties, field trips, and music therapy for clients with dementia or cognitive challenges. Skilled nurses provide personal care, monitor health needs, and administer medications safely.

Nutritious meals are served on-site. Attendant care supports daily routines and provides respite for family caregivers. Participation enhances social interaction, reduces isolation, and ensures meaningful engagement in a safe environment.

## **PROGRAM IMPACT**

Program Center Clients: 21  
Clients Receiving Attendant Care: 7

*One client shared that attending the center has inspired her to style her hair and wear makeup, helping her feel better about herself and enjoy leaving the house.*

A close-up photograph of a white bus with the words "FOOTHILLS EXPRESS" in large, bold, blue capital letters. Below the main text, a green diagonal line runs across the frame, and the words "MOVING PEOPLE FORWARD" are visible in a smaller, lighter blue font. A dark blue rectangular box is overlaid on the bottom left of the image, containing the text "PUBLIC TRANSPORTATION" in white.

# FOOTHILLS EXPRESS

## PUBLIC TRANSPORTATION

Foothills Express provides public transportation for everyone, giving residents and visitors independence and mobility. The service helps people access work, school, healthcare, groceries, and entertainment while supporting a more active lifestyle.

Buses are safe and operated by trained drivers. Many vehicles are lift-equipped to accommodate mobility devices.

Personalized express service offers curb-to-curb transportation within the community on weekdays with 48 hours' notice.

Three public, deviated-fixed routes stop at department stores, grocery stores, and local offices. Riders can buy daily passes or discounted books of passes.

The Madison County Connector provides travel between Richmond and Berea for shopping, appointments, and entertainment.

Intercity service connects rural residents to larger transit systems, including airports and train stations, with affordable round trips to Lexington, Louisville, or Cincinnati.

Foothills Express operates Big E Transit on the ECU campus for students, faculty, and staff.

Non-emergency medical transportation is available for Medicaid clients, helping prevent missed appointments and supporting overall health.

*One rider shared that using Foothills Express allows her to attend medical appointments since she is no longer able to drive. She also enjoys talking with the drivers, making each trip a positive and social experience.*



# FOOTHILLS EXPRESS

## **Demand Response Service**

Total Trips: 28,202  
Total Miles: 182,195

## **Berea Bus Service**

Total Riders: 2,326  
Total Miles: 22,241

## **Richmond Transit Service**

Total Riders: 20,026  
Total Miles: 53,168

## **Winchester/Clark County Bus Service**

Total Riders: 4,548  
Total Miles: 24,605

## **Winchester to Lexington Commuter Service**

Total Riders: 468  
Total Miles: 10,880

## **Richmond to Berea Connector Route**

(Madison County Connector)

Total Riders: 1,024  
Total Miles: 14,289

## **Intercity Service**

Total Riders: 501  
Total Miles: 20,125

## **EKU Campus Transportation Services**

Total Riders: 37,586  
Total Miles: 51,562

## **Medicaid Transportation Services**

Total Riders: 17,179  
Total Miles: 166,924

## **Overall Service Totals**

Total Wheelchair Trips: 9,630  
Total Ambulatory Trips: 102,266  
Total Trips: 111,896  
Total Miles: 545,990





# CONTACT INFORMATION

## **ADMINISTRATIVE OFFICE**

6021 Atwood Drive  
Richmond, KY 40475  
(859) 624-2046  
Fax: (859) 624-2049  
TTY: 711  
Email: [foothills@foothillscap.org](mailto:foothills@foothillscap.org)

## **CLARK COUNTY**

James B. Allen, Jr. Generations Center  
Outreach/Community Services  
32 Meadow Lane  
Winchester, KY 40391  
(859) 744-3235

## **ESTILL COUNTY**

Community Services  
100 Tyler Lane  
Irvine, KY 40336  
(606) 723-4492

Housing Services  
100 Tyler Lane  
Irvine, KY 40336  
(606) 723-0207

## **MADISON COUNTY**

Community Services  
311 Spangler Drive  
Richmond, KY 40475  
(859) 623-6514

Healthy Marriage & Relationships  
311 Spangler Drive  
Richmond, KY 40475  
(859) 624-2046

New Pathways for  
Fathers and Families  
311 Spangler Drive  
Richmond, KY 40475  
(859) 624-2046

Community Collaboration  
for Children  
311 Spangler Drive  
Richmond, KY 40475  
(859) 624-2046

Supportive Services for  
Recovery Enhancement  
311 Spangler Drive  
Richmond, KY 40475  
(859) 624-2046

Supportive Services for  
Veteran Families  
311 Spangler Drive  
Richmond, KY 40475  
(859) 408-7017

Eastern Scholar  
House Program  
801 Van Hoose Drive  
Richmond, KY 40475  
(859) 408-7025

The Workforce Pathway at  
Kit Carson Commons  
Scholar House  
4460 Kit Carson Drive  
Richmond, KY 40475  
(859) 408-7025

Berea Senior Citizens Center  
214 Jefferson Street  
Berea, KY 40403  
(859) 986-8350

Richmond Active Living Center  
801 Brighton Ave.  
Richmond, KY 40475  
(859) 623-0474

Transportation  
6021 Atwood Drive  
Richmond, KY 40475  
(859) 624-3236 or 1-800-819-7083

## **POWELL COUNTY**

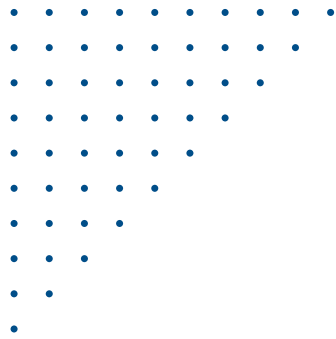
Community Services  
245 7th Avenue  
Clay City, KY 40312  
(606) 663-2659

Foothills Active Day Center  
245 7th Avenue  
Clay City, KY 40312  
(606) 663-0794

Health & Wellness Center  
108 12th Street  
Clay City, KY 40312  
(606) 663-9011

Senior Citizens Center  
551 Furnace Road  
Stanton, KY 40380  
(606) 663-5981





# CONNECT WITH US



[WWW.FOOTHILLSCAP.ORG](http://WWW.FOOTHILLSCAP.ORG)



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