Nutrition Counseling
LOSE WEIGHT, EAT HEALTHIER & REDUCE YOUR RISK OF CHRONIC DISEASE.

Get nutritional counseling at Foothills Health & Wellness Center. A counseling session includes an evaluation and assessment of your nutritional needs and a nutritional plan customized for you. Services are offered on a sliding scale. Discounts on co-pays and fees may be available depending on individual circumstances.

Call for Details or to Schedule an Appointment:
606.663.9011 or Visit Our Website: foothillscap.org.

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