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A Message from the Executive Director

We all know that last year was a challenging year for many. It was especially challenging for individuals and families struggling to make ends meet. Many people faced job loss, reduction in work hours, isolation, addiction, illness, hunger, homelessness, and other situations. As the negative impacts of the COVID-19 pandemic grew, so did the need for our services. Many people reached out to us for support for the first time in their lives.

Our history proves that our agency has never shied away from rising to the occasion when our community is most in need. This has never been truer than what so many individuals and families have experienced recently.

While the circumstances we faced last year were unprecedented, it has been our honor to serve our community by doing what we know best, which is to mobilize and quickly respond. As we provide existing and new programs we have recommitted to our mission of helping people by providing direct services, reducing poverty, and creating opportunities for those in need.

The phrase “a rising tide lifts all boats” was made famous in a speech by John F. Kennedy. If we consider our neighbors as boats, then when we “raise the tide” we will lift all the boats. I believe that we have the ability to lift up our neighbors, especially those in need. We do this by raising the tide through hope and encouragement.

I’m proud of our staff for coming together and doing what needed to be done last year. It wasn’t easy, but every program shifted how they served clients. I want to personally thank them for all of their hard work and dedication. I also want to thank our dedicated board members, grant sources, local and state governments, community partners, volunteers, and financial supporters. Without your help we wouldn’t be able to meet the needs of our neighbors and further our vision that no family is expendable. I hope this annual report illustrates how you are helping make a difference in our community. Many of you have donated your time, money, and support, and we greatly appreciate all that you have given us. We hope that you will continue to work with us as we strive to improve the lives of the thousands of people who come to us each year for help.

While we are proud of our accomplishments, we recognize there is much more to be done. Now, more than ever, we are deeply committed to improving our communities. We have much to celebrate and much more to accomplish.

Respectfully,

Brian Mullins, MBA
Executive Director
About Us

Kentucky River Foothills Development Council, Inc. offers community resources so that all persons may have lives of dignity, responsibility, and opportunity. Our agency assists families in need, educates children and adults, and promotes partnerships that encourage self-sufficiency and improve family life in our communities.

Kentucky River Foothills has a 59-year history of community improvement and promoting self-sufficiency among the area’s low-income population. KRFDC was founded in Winchester, KY in 1962, by a group of concerned citizens for the purpose of securing the optimum development of the human and economic potential for all disadvantaged persons. The agency received designation as a Community Action Agency two years later. KRFDC was one of many grassroots organizations formed by the Kennedy and Johnson administrations in response to the increased severity of poverty in the United States.

Despite the public health crisis and challenging economy, Foothills has continued to respond to the needs of our community. These hard times have reminded our agency that we are more powerful in partnership than working alone. As a business, we have continued to employ people throughout these difficult days. Our team represents a highly-skilled, professional team of program developers, administrators, social workers, counselors, transportation drivers, and health care providers. Our employees are committed to making our community a better place to live, work, and raise their families.

A hallmark of the agency since its start has been its governance model. Community action works because its board of directors is broadly representative of three sectors - public, private, and low-income sectors. As a group, the board examines the needs of the community and develops programs to address those needs. This approach helps ensure balance and fairness as it relates to matters of policy and guarantees a diverse stakeholder partnership throughout the agency’s existence.

Nonprofit Business of the Year

The COVID-19 pandemic brought Foothills a significant increase in the number of individuals and families requesting services. The amplified demand resulted in unprecedented challenges as we have tried to respond to the needs of families struggling to make ends meet as they’ve lost jobs and felt the fear of wondering how they were going to keep food on the table or a roof over their heads. In response, Foothills has strived to continue to provide services to the neediest people and families in our service area, while also expanding existing services and developing additional programs. As a result of how the agency responded to the pandemic, we were voted Best Non-Profit by the Richmond Chamber of Commerce.
Service Area
Kentucky River Foothills Development Council primarily serves four central Kentucky counties. Our core service area is Clark, Estill, Madison, and Powell counties. Depending on the requirements of its funding sources, some KRFDC services extend beyond the boundaries of these counties.

Mission Statement
KRFDC improves its communities by assisting low-income families and individuals to achieve self-sufficiency by providing direct services and working with partnering organizations to develop additional resources to reduce poverty and create opportunities for those in need.

Our Vision
In a truly strong community, no family is expendable. KRFDC believes that communities must work together – in partnership – to enable all persons to live with dignity, responsibility, and opportunity. To support this vision, KRFDC offers a myriad of services that promote stability and independence throughout the life cycle. KRFDC is a health and human services agency, providing services focused on improving an individual’s general well-being.

Community Action Promise
Community Action changes people’s lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.
Board of Directors

Our Board of Directors at KRFDC are volunteer members who generously help to make decisions that benefit low-income individuals in their communities. *One private sector board candidate is pending board approval.*

<table>
<thead>
<tr>
<th>BOARD OFFICERS</th>
<th>PUBLIC SECTOR REPRESENTATIVES</th>
<th>LOW INCOME SECTOR REPRESENTATIVES</th>
<th>PRIVATE SECTOR REPRESENTATIVES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair</td>
<td>Judge Executive Chris Pace</td>
<td>Tammy Cole</td>
<td>Linda Ginter</td>
</tr>
<tr>
<td>Marcy Martin</td>
<td>Clark County</td>
<td>Richmond</td>
<td>Richmond</td>
</tr>
<tr>
<td></td>
<td>Kathy Merriman Stanton</td>
<td>Terry Davidson</td>
<td>Marcy Martin</td>
</tr>
<tr>
<td>Vice-Chair</td>
<td>Judge Executive Reagan Taylor</td>
<td>Christine Randall</td>
<td>Teresa McKinley</td>
</tr>
<tr>
<td>Laura Sands</td>
<td>Madison County</td>
<td>Clay City</td>
<td>Irvine</td>
</tr>
<tr>
<td>Secretary</td>
<td>Dr. Ashley Sweat</td>
<td>Laura Sands</td>
<td>Crystal Wylie</td>
</tr>
<tr>
<td>Kathy Merriman</td>
<td>Richmond</td>
<td>Winchester</td>
<td>Berea</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Judge Executive Donnie Watson</td>
<td>Sr. Loretta Spotil</td>
<td></td>
</tr>
<tr>
<td>Terry Davidson</td>
<td>Estill County</td>
<td>Irvine</td>
<td></td>
</tr>
</tbody>
</table>
The agency’s strategic plan guides all of the organization’s service efforts toward reaching successful and measurable outcomes in the lives of families and individuals. Although part of Foothills’ vision is to always provide various supports for crises intervention and emergency services; it is also our vision to provide a combination of services that are designed to help identify barriers, teach ways to overcome enabling negative factors, and to change one’s focus for new opportunities.

Our Strategic Plan consists of five goals and strategies – all of which are aimed at helping people and improving lives. Emphasis is placed on objectives that are culturally appropriate and responsive to those residing in our target area. This plan was derived from extensive research, client needs assessment surveys, and key informant interviews. Although this Action Plan outlines KRFDC’s intentions, the agency is aware that circumstances and conditions regarding community need and funding availability can quickly change. As a result, this Action Plan is reviewed annually and updated or revised as necessary.

**Goal 1:** Increase access to employment opportunities, health care, and community/civic engagement through the reduction of individual and family barriers.

**Goal 2:** Increase community health outcomes and health education awareness for individuals and families.

**Goal 3:** Reduce homelessness and increase access for low-income individuals and families to obtain stable, safe, and affordable housing.

**Goal 4:** Respond to the opioid epidemic and increase support services to individuals and families impacted by substance use disorders.

**Goal 5:** Build Agency capacity through communications, technology, fund development, and Strategic Human Resources Management to realize the mission of KRFDC.
Summary of Financial Activities
For Fiscal Year 2021

Total Revenue for FY 2021
$20,147,323

The below table shows the total dollar amount budgeted by program type.

<table>
<thead>
<tr>
<th>Program Type</th>
<th>Total Budgeted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agency Funds</td>
<td>$293,770</td>
</tr>
<tr>
<td>CARES</td>
<td>$4,355,945</td>
</tr>
<tr>
<td>Community Services</td>
<td>$5,559,058</td>
</tr>
<tr>
<td>Health &amp; Wellness</td>
<td>$2,583,905</td>
</tr>
<tr>
<td>Housing &amp; Weatherization</td>
<td>$3,706,900</td>
</tr>
<tr>
<td>Recovery</td>
<td>$1,157,778</td>
</tr>
<tr>
<td>Transportation</td>
<td>$1,299,343</td>
</tr>
<tr>
<td>Unrestricted Facilities</td>
<td>$296,047</td>
</tr>
<tr>
<td>Education</td>
<td>$894,576</td>
</tr>
<tr>
<td>Grand Total</td>
<td>$20,147,323</td>
</tr>
</tbody>
</table>

NOTE: The Coronavirus Aid, Relief, and Economic Security Act or, CARES Act, was passed by Congress on March 27th, 2020. This bill allotted funding to provide fast and direct economic aid to the American people negatively impacted by the COVID-19 pandemic.
Major Service Domains

KRFDC improves its communities by assisting low-income families and individuals to achieve self-sufficiency by providing direct services and working with partnering organizations to develop additional resources to reduce poverty and create opportunities for those in need.

KRFDC provides services across the following major domains: Community Services (including Family Support Services, Aging, and Respite Care Services), Health and Wellness, Substance Use Disorder and Recovery, Education, Housing and Weatherization, and Transportation. In addition to these service domains, budget totals for internal agency funding and unrestricted facilities are also displayed. Below is a listing of services by program.

Community Services

KRFDC offers an array of programs that fall under the Community Services umbrella. These programs include employment services, education services, income, infrastructure and asset building, utilities assistance, and other supportive services for qualifying individuals.

Foothills provided ongoing Energy Assistance throughout the year. This program considerably helped our neighbors who struggled from the financial hardships that stemmed from COVID-19. To support key economic recovery programs, Foothills was awarded CARES funding through our Community Services Block Grant to help individuals during this difficult time to reach their goals and potential. Services include financial management, life skills, job skills, resume development, employment supports, limited financial supports, and program referrals.
Community Services

Basic & Emergency Needs
Information/Referrals: 45,814
Direct Services: 13,241

Team Kentucky
Applications: 53
Funded: $35,856.63

CSBG CARES Assistance
Utility Deposits
Households: 17
Benefit Amount: $2,630.52

Utility Assistance
Households: 75
Benefit Amount: $23,251.50

Rental Deposits
Households: 34
Benefit Amount: $15,725

Rental Assistance
Households: 205
Benefit Amount: $124,940.01

Mortgage
Households: 19
Benefit Amount: $10,899.07

Car Insurance
Households: 4
Benefit Amount: $1,287.78

Car Payments
Households: 2
Benefit Amount: $673.46

Tuition Assistance
Households: 1
Benefit Amount: $800

Emergency Food
Households: 5
Benefit Amount: $425

Emergency Food

Utility Assistance

Utility Deposits

Mortgage

Car Payments

Car Insurance

Tuition Assistance

Rental Deposits

Utility Assistance

Team Kentucky

CSBG CARES Assistance

Utilities Assistance

Rental Assistance

Car Payments

Car Insurance

Tuition Assistance

Rental Deposits

Utility Assistance

Mortgage

Team Kentucky

Applications: 53
Funded: $35,856.63

CSBG CARES Assistance
# Community Services

## Low-Income Home Energy Assistance Program (LIHEAP) - Subsidy Assistance
11/2/20-12/1/20

<table>
<thead>
<tr>
<th>County</th>
<th>Households</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clark Co.</td>
<td>271</td>
<td>$34,250</td>
</tr>
<tr>
<td>Estill Co.</td>
<td>714</td>
<td>$126,100</td>
</tr>
<tr>
<td>Madison Co.</td>
<td>767</td>
<td>$118,200</td>
</tr>
<tr>
<td>Powell Co.</td>
<td>455</td>
<td>$80,450</td>
</tr>
</tbody>
</table>

**Total Households:** 2,207  
**Total Subsidy Assistance:** $359,000

## Crisis Assistance (LIHEAP)
1/4/21-4/30/21

<table>
<thead>
<tr>
<th>County</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clark Co.</td>
<td>$117,810.65</td>
</tr>
<tr>
<td>Estill Co.</td>
<td>$212,769.88</td>
</tr>
<tr>
<td>Madison Co.</td>
<td>$273,436.30</td>
</tr>
<tr>
<td>Powell Co.</td>
<td>$209,999.68</td>
</tr>
</tbody>
</table>

**Total Households:** 3,483  
**Total Crisis Assistance:** $814,016.51

## Spring Enrollment (LIHEAP)
5/1/20-6/30/20

<table>
<thead>
<tr>
<th>County</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clark Co.</td>
<td>$54,350</td>
</tr>
<tr>
<td>Estill Co.</td>
<td>$72,850</td>
</tr>
<tr>
<td>Madison Co.</td>
<td>$84,800</td>
</tr>
<tr>
<td>Powell Co.</td>
<td>$72,163</td>
</tr>
</tbody>
</table>

**Total Households:** 1,523  
**Total Subsidy Assistance:** $284,163

## Healthy-at-Home Utility Assistance
Water/Wastewater Subsidy
12/3/20-12/31/20

<table>
<thead>
<tr>
<th>County</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clark Co.</td>
<td>$17,500</td>
</tr>
<tr>
<td>Estill Co.</td>
<td>$45,000</td>
</tr>
<tr>
<td>Madison Co.</td>
<td>$74,500</td>
</tr>
<tr>
<td>Powell Co.</td>
<td>$48,500</td>
</tr>
</tbody>
</table>

**Total Households:** 371  
**Total Subsidy Assistance:** $185,500

## Summer Cooling (LIHEAP)
Subsidy Assistance
7/1/20-10/31/20

<table>
<thead>
<tr>
<th>County</th>
<th>Households</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clark Co.</td>
<td>359</td>
<td>$52,150</td>
</tr>
<tr>
<td>Estill Co.</td>
<td>687</td>
<td>$119,500</td>
</tr>
<tr>
<td>Madison Co.</td>
<td>804</td>
<td>$129,800</td>
</tr>
<tr>
<td>Powell Co.</td>
<td>500</td>
<td>$86,879</td>
</tr>
</tbody>
</table>

**Total Households:** 2,350  
**Total Subsidy Assistance:** $388,329

## Summer Cooling (LIHEAP)
Crisis Assistance
7/1/20-10/31/20

<table>
<thead>
<tr>
<th>County</th>
<th>Households</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clark Co.</td>
<td>351</td>
<td>$101,329.24</td>
</tr>
<tr>
<td>Estill Co.</td>
<td>527</td>
<td>$119,872.18</td>
</tr>
<tr>
<td>Madison Co.</td>
<td>690</td>
<td>$191,320.83</td>
</tr>
<tr>
<td>Powell Co.</td>
<td>542</td>
<td>$126,219.40</td>
</tr>
</tbody>
</table>

**Total Households:** 2,110  
**Total Subsidy Assistance:** $538,741.65

## View the LIHEAP Heat Map
To provide access to quality health care to our community, staff in our kynect program have worked diligently to help local residents understand their options for health care coverage through the Affordable Care Act.

### Community Services

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Description</th>
<th>Total Households</th>
<th>Total Subsidy Assistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthy-at-Home Utility Assistance</td>
<td>Electric/Natural Gas Subsidy</td>
<td>376</td>
<td>$150,400</td>
</tr>
<tr>
<td></td>
<td>Water/Wastewater Crisis</td>
<td>332</td>
<td>$86,185.34</td>
</tr>
<tr>
<td></td>
<td>Electric/Natural Gas Crisis</td>
<td>385</td>
<td>$73,719.66</td>
</tr>
<tr>
<td>Healthy-at-Home Utility Assistance</td>
<td>Electric/Natural Gas Crisis</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Water/Wastewater Crisis</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Electric/Natural Gas Crisis</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Community Services Details

<table>
<thead>
<tr>
<th>Community Service</th>
<th>Household Type</th>
<th>Households</th>
<th>Benefit Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthy-at-Home Utility Assistance</td>
<td>Clark Households</td>
<td>43</td>
<td>$17,200</td>
</tr>
<tr>
<td></td>
<td>Estill Households</td>
<td>113</td>
<td>$45,200</td>
</tr>
<tr>
<td></td>
<td>Madison Households</td>
<td>167</td>
<td>$66,800</td>
</tr>
<tr>
<td></td>
<td>Powell Households</td>
<td>53</td>
<td>$21,200</td>
</tr>
<tr>
<td></td>
<td>Total Households</td>
<td>376</td>
<td>$150,400</td>
</tr>
<tr>
<td></td>
<td>Total Subsidy Assistance</td>
<td>332</td>
<td>$86,185.34</td>
</tr>
</tbody>
</table>

### Wintercare

- **Clark**
  - Households: 43
  - Benefit Amount: $10,719.50
- **Estill**
  - Households: 7
  - Benefit Amount: $1,913.30
- **Madison**
  - Households: 14
  - Benefit Amount: $3,802.46

### kynect Program

- Households enrolled in Medicaid: 24
- Households enrolled in Qualified Health Plan: 3
- Households enrolled in Medicaid Renewal: 126
- Households enrolled in Qualified Health Plan Renewal: 5
- Households enrolled in Presumptive Eligibility Medicaid: 6,674
- Events: 21

*kynect events (Resumed events in March 2021)*

### TAX PREP

- **Tax Preparations**
  - Total Returns: 172
  - Client Refunds Processed: 142
  - Total Refunds Processed: $361,917
Family Support Services

Our Responsible Fatherhood program provided virtual classes to incarcerated men. These classes offer job coaching, financial, relationship, and parenting advice.

In partnership with Gateway Community Services, Foothills began offering the FRAMEWorks – Healthy Marriage and Relationships program. This program provides parenting and communication skills, relationship building, financial management training, budgeting, credit counseling, advocate services, and linkages to the community to adults and couples. This exciting new program is designed to strengthen marriage relationships, help improve economic stability skills for the well-being of the family including their children. The overall goal is to create stronger and healthier relationships in our community.

Community Collaboration for Children staff continued working with area families to prevent child abuse and neglect and to empower the family unit. Family visits and regional network meetings have been conducted virtually.

<table>
<thead>
<tr>
<th></th>
<th>Responsible Fatherhood</th>
<th>FRAMEWorks – Healthy Marriage and Relationships</th>
<th>Community Collaboration for Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants:</td>
<td>46</td>
<td>41</td>
<td>45</td>
</tr>
<tr>
<td>Completed:</td>
<td>39</td>
<td>38</td>
<td>68</td>
</tr>
<tr>
<td>Active clients:</td>
<td>4</td>
<td></td>
<td>59</td>
</tr>
<tr>
<td>Class sessions:</td>
<td>4</td>
<td>6</td>
<td></td>
</tr>
</tbody>
</table>
Substance Use Disorder

Substance use disorder is a devastating disease to battle in the best of times, but COVID-19 brought new challenges that further complicated the journey to sobriety. At Liberty Place Recovery Center for Women, a long-term substance abuse recovery program, residents fought for their recovery through the pandemic. As a transitional supportive housing development, Liberty Place uses a recovery program focused on the Twelve Steps of Alcoholics Anonymous. This program includes peer to peer self-help, daily living skills training, job responsibilities and challenges to practice sober living.

Liberty Place Recovery Center for Women
Clients: 205

The Madison Opioid Response and Empowerment program, or MORE, has been working hard to create lasting change. Last year MORE provided Naloxone to Madison County Emergency Medical Services and the Madison County Agency for Substance Abuse Policy, placed Deterra bags in 11 pharmacies to assist with safe at-home drug disposal, began working with community leaders on a long-term men’s recovery center, and began the implementation of a high school pilot project using an evidence-based Life Skills curriculum for students. MORE hosted two virtual Recovery Rallies and a MOREmpowerment Conference featuring a State of the Madison County Drug Epidemic, Narcan education and training, and Compassion Fatigue. Last year MORE also hosted a variety of training such as Medication for Opioid Use Disorder, Screening, Brief Intervention, and Referral to Treatment (SBIRT), and Bridging the Gaps – a virtual resource fair.
Single parent residents at Eastern Scholar House pushed through and exceeded their goals. Four Scholars graduated in December 2020, one Magna Cum Laude. Three Scholars graduated in May 2021. The program also graduated 19 little Scholars into kindergarten.

The Workforce Pathway at Kit Carson Commons
KRFDC continued construction on a new program that will provide affordable housing and supportive services for single-parent students. Located on the campus of Eastern Kentucky University, this innovative program will promote self-sufficiency and economic stability for program participants who will be better positioned to secure gainful employment based on the educational supports, social services, and workforce training that they receive at The Workforce Pathway at Kit Carson Commons. Our overall community will also benefit from the presence of a trained workforce that is ready to fill job openings for existing and new employers. The residential component of this program will be open to eligible full-time students in an approved post-secondary institution such as Eastern Kentucky University, University of Kentucky, Bluegrass Community & Technical College, Berea College, Morehead State University, etc. Non-residential workforce training opportunities will also be available to unemployed and under-employed members of the community. The workforce development component will provide a workforce training center that includes three classrooms, offices, space for mock interviews, and a participant workroom with computers, printers, and other items needed for assembling resumes and completing program assignments. It will focus on industry, manufacturing, warehousing, and shipping/distribution. This program is anticipated to open in Fall 2021.
Health Services

The Foothills Healthcare for the Homeless program has been providing an array of health care and related services to Powell and surrounding counties since 2005. Access to health care has always been a challenge in these communities. COVID-19 made it all the more difficult. Throughout the pandemic, we provided essential health care services and took unprecedented action to expand services to help our community make a bad situation better. Our staff worked with local health and homeless service leaders to provide free COVID-19 testing in Powell County. To help prevent the spread of the virus, the clinic began offering high-quality telehealth services, including counseling services. Not only did telehealth begin improving the safety of patients and providers, it quickly became a more convenient option. Through this new service, we were able to reach out to patients who were afraid to come into the office to be seen. We’re proud that the clinic was recognized as a HRSA Health Center Quality Leader for 2020.

Healthcare for the Homeless

<table>
<thead>
<tr>
<th>Description</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>1,004</td>
</tr>
<tr>
<td>Encounters</td>
<td>3,300</td>
</tr>
<tr>
<td>Mental Health encounters</td>
<td>669</td>
</tr>
<tr>
<td>Prescription assistance</td>
<td>196 refills</td>
</tr>
<tr>
<td>Enabling services</td>
<td>1,074</td>
</tr>
<tr>
<td>COVID-19 Testing</td>
<td>1,329</td>
</tr>
<tr>
<td>COVID-19 Vaccines</td>
<td>59</td>
</tr>
</tbody>
</table>
Housing Services

Through our Affordable Housing program, one Estill County family purchased their first home. We were able to construct the home, assist them through the process, and provide homeowner education classes and one-on-one homeownership counseling. Before the COVID-19 pandemic, many area households faced difficulty affording their energy bills, some choosing between necessities such as food, medicine, and heat. Our Weatherization Program works to reduce heating and cooling costs and improve the safety of homes by providing energy efficiency measures such as adding insulation, sealing duct work and air infiltration, weather-stripping of leaky doors and windows, and installation of bath vent fans, CO detectors, and smoke alarms. Weatherization can also repair or replace current heat systems and upgrade refrigerators. Last year, we weatherized 31 homes. Through our Supportive Services for Veteran Families, Foothills worked persistently to help re-house veterans in our community who have experienced homelessness and to prevent veterans from becoming homeless. The program provided financial assistance for rent, utilities, security deposits, and emergency supplies for 382 individuals. The supportive services program also provided case management, housing counseling, benefits assistance and advocacy, and program referrals.

### Affordable Housing Program
- **Estill County**
  - Homeownership counseling: 33
  - Homes constructed: 1

- **Powell County**
  - Homeownership counseling: 20
  - Home rehab in partnership with Rural Development: 8

### Tenant Based Rental Assistance
- Participant Households: 32
  - Powell County Duplexes
    - Participants: 5
  - Estill County 4-Plex Participants: 5
  - Hickory Grove Rental Property: 1

### Weatherization
- Weatherization Completions: 31
  - WECARE: 2
  - CARES Jackson Energy: 1
  - CARES Bluegrass Energy: 2
Supportive Services for Veteran Families
Prevention (clients at risk of becoming homeless)

Veteran Households: 121
Individuals: 247
Financial for Care 1.0: $27,504
Financial for Care regular grant: $96,043
Financial for Care 2.0: $306,040

Total Temporary financial assistance provided for prevention: $429,588

Supportive Services for Veteran Families
Rapid Re-Housing Services

Veteran Households: 88
Individuals: 135
Financial for Care 1.0: $21,309
Financial for Care regular grant: $162,777
Financial for Care 2.0: $249,140

Total Temporary financial assistance provided for Rapid-Rehousing: $433,226
Aging Services

Foothills operates aging programs in Berea, Richmond, Winchester, and Stanton. Although in-person programming at the centers was mandated to close, staff continued serving our community’s most vulnerable population through home-delivered meals. These meals have been a lifeline for seniors who are home-bound and unable to cook or obtain supplies to cook. In the pre-COVID-19 world, our four senior citizen centers would deliver meals to homes of those 60 and older and serve congregate meals inside the centers. While our centers have delivered and offered meals for decades, the coronavirus pandemic presented unique challenges to both staff and clients. Often unable to see clients face-to-face, staff immediately began conducting weekly well-checks by phone and made sure our older friends and neighbors had what they needed to stay healthy and safe at home. Personal care items, essential home necessities, and activity bags (puzzles, crossword books, and books) were left at clients’ doors. Last year, Foothills accommodated an unprecedented number of meal sign-ups. As of June 30, the four centers served 739 seniors and provided 95,098 meals.  

NOTE: Even though in-person programming has been re-instated, some centers have had to close periodically due to high, new COVID-19 cases. Each center monitors its risk level and follows funding sources and CDC guidance regarding opening.

<table>
<thead>
<tr>
<th>Madison County</th>
<th>Madison County</th>
<th>Madison County</th>
<th>Clark County</th>
<th>Powell County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Berea Senior Citizens Center</td>
<td>Richmond Active Living Center</td>
<td>James B. Allen Generations Center</td>
<td>Powell County Senior Citizens Center</td>
<td></td>
</tr>
<tr>
<td>Program participants: 250</td>
<td>Program Participants: 200</td>
<td>Program Participants: 186</td>
<td>Participants: 103</td>
<td></td>
</tr>
<tr>
<td>Congregate Meals: 11,205</td>
<td>Congregate Meals: 6,418</td>
<td>Congregate Meals: 15,855</td>
<td>Congregate Meals: 6,106</td>
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</tr>
<tr>
<td>Home Delivered Meals: 10,125</td>
<td>Home Delivered Meals: 18,802</td>
<td>Home Delivered Meals: 8,607</td>
<td>Home Delivered Meals: 17,980</td>
<td></td>
</tr>
<tr>
<td>Total Meals: 21,330</td>
<td>Total Meals: 25,220</td>
<td>Total Meals: 24,462</td>
<td>Total Meals: 24,086</td>
<td></td>
</tr>
</tbody>
</table>

Respite Care

Like our aging program, the Powell Adult Day Care quickly transitioned to serving clients at home. Clients received home-delivered meals, shelf-stable meals, activity packages, and medication from pharmacies. Well-checks were conducted by phone to caregivers.

Powell Adult Day Care
Clients: 24
19 clients received 1,434 hours of attendant care
Home Delivered Meals: 8,615
Transportation

Foothills Express, the agency’s public transportation program, offered free transportation to local vaccination appointments in addition to providing an array of other transit services. Since February 2021, Foothills Express has transported 48 riders for 342 miles to receive COVID-19 Vaccines. We are continuing to transport passengers at no cost to vaccination appointments until there is no longer a need.

Demand Response
Demand response trips 19,608
Demand response miles 213,553

Berea Bus Service
Total Riders 1,499
Total Miles 20,944

Richmond Transit Service
Total Riders 6,751
Total Miles 53,774

Winchester/Clark County Bus Service
Total Riders 3,128
Total Miles 27,302

Winchester to Lexington Commuter (Clark County Commuter Service)
Total Riders 2,488
Total Miles 40,800

Richmond to Berea Connector Route (Madison County Connector)
Total Riders 424
Total Miles 9,358

Intercity
Total Riders 356
Total Miles 17,419

EKU Campus Transportation Services
Total Riders 12,455
Total Miles 56,336

Medicaid
Total Riders 11,231
Total Miles 169,688

Vaccine Trips - Free
Total Riders 48
Total Miles 342
Total wheelchair trips 7,126
Total ambulatory trips 50,819
Total trips 57,945
Total route miles 609,383

* Disclaimer: Reduced services due to COVID-19 during the months of July-June

TOTAL TRIP BY TYPE

- Total wheelchair trips
- Total ambulatory trips

12%
88%
Volunteer Services

Volunteer Hours:

Aging services: 876.35 hours
Total Volunteer Hours: 876.35

NOTE: Due to COVID-19, many programs did not log volunteer hours (no in-person opportunities were available).

In-Kind Value:
*Includes donations and discounts
Transportation: $117,600
CSBG/Outreach services: $38,523.31
Aging services: $8,859.90
CCC Bluegrass Rural: $52,720
CCC Bluegrass Fayette: $66,770
CCC KIPDA Rural: $40,431.47
Locations

MAIN OFFICE
309 Spangler Drive
Richmond, KY 40475
P: 859-624-2046
F: 859-624-2049
TDD: 1-800-648-6056
foothills@foothillscap.org

Clark County
32 Meadow Lane
Winchester, KY 40391
859-744-3235
Programs:
James B. Allen, Jr.
Generations Center
Outreach-Community Services
Responsible Fatherhood
FRAMEWorks – Healthy Relationships

Estill County
120 Tyler Lane
Irvine, KY 40336
606-723-4492
Programs:
Outreach-Community Services
Housing Services
Health & Wellness Center
Mental Health and Substance Use Disorder Services

Madison County
Rick and Debbie McQuady
Eastern Scholar House
801 Van Hoose Drive
Richmond, KY 40475
859-408-7025
The Workforce Pathway
at Kit Carson Commons
4462 Kit Carson Drive, B100
Richmond, KY 40475
859-408-7025
Liberty Place Recovery
Center for Women
218 Lake Street
Richmond, KY 40475
859-625-0104
Richmond Active Living Center
801 Brighton Ave.
Richmond, KY 40475
859-623-0474
Berea Senior Citizens Center
214 Jefferson Street
Berea, KY 40403
859-986-8350
Supportive Services for Veteran Families
309 Spangler Drive
Richmond, KY 40475
859-408-7017
Transportation – Foothills Express
309 Spangler Drive
Richmond, KY 40475
859-624-3236
1-800-819-7083
Outreach-Community Services
309 Spangler Drive
Richmond, KY 40475
859-623-6514
309 Spangler Drive
Richmond, KY 40475
859-624-2046
Programs:
Madison Opioid Response and Empowerment
Community Collaboration for Children
Responsible Fatherhood
Weatherization

Powell County
Outreach-Community Services
176 12th Street
Clay City, KY 40312
606-663-2659
Senior Citizens Center
551 Furnace Road
Stanton, KY 40380
606-663-5981
Health & Wellness Center
(Healthcare for the Homeless Program)
108 12th Street
Clay City, KY 40312
606-663-9011
606-663-9512
1-866-774-5615
Powell Adult Day Care
176 12th Street
Clay City, KY 40312
606-663-0794
Community Action changes people’s lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

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